

# Tennis Strings: String Types

## String Types

There are many different strings available, which could make you think that selection is quite difficult.

The good news is that all strings belong to a few different types.

This should make it simpler to decide the type of string you want.

## **Natural Gut**

*This is used by only a few players mainly because of the cost. You can almost ignore this string unless you really cannot find anything suitable from the other options.*

## **Standard Synthetic**

*These are basically low cost strings, but they are probably used by most players. This is the type of string often supplied with low to medium cost rackets. If low cost is your main priority, then you should select this type of string.*

## **Multi-Filament**

*These strings normally have hundreds of individual strands to provide better performance. This type of string is also selected by players who want the minimum amount of shock and vibration, usually because they suffer from elbow or shoulder problems. One disadvantage is that the strings move around in use, which some players find annoying. Some strings of this type are much better than others, so advice on selection is normally required.*

## **Mono-Filament**

*As the name suggests they consist of only a single strand. The advantages are good durability in a thinner gauge which makes them suitable for many types of player. They are suitable for players who break strings, and good players who like the extra control that a thinner string provides. One advantage is there is less movement with this type of string*

## **Hybrid**

*As you may have guessed this type uses two different types of string. The most popular combination is a Mono-Filament for durability combined with a Multi-Filament for good response. The theory is you combine the best of two features. I expect this type of string will become one of the most popular types for many players.*